



APSNA 35th Annual

Scientific Conference

35 Years Strong: Advancing Care, Inspiring Futures

INTENSIVE WORKSHOP &
WELCOME: APRIL 22, 2026

Day 1: April 23, 2026
Day 2: April 24, 2026

Marriott St. Louis Grand | St. Louis, MO
More Information: www.apsna.org



PRE-CONFERENCE | Wednesday, April 22 2026

8:00 am	Registration Opens
9:00 am – 12:00 pm	CLINICAL PATHWAYS BOOTCAMP <i>Dana Noffsinger RN, MS, CPNP-AC/PC and Jennifer Weiner, DNP, APRN-CNP, CPNP-AC/PC, EBP-C</i>
9 – 10:15 am	Session 1
10:15 – 10:30 am	Break
10:30 am – 12pm	Session 2
12 – 1:00 pm	Luncheon – provided
1:00 – 5:00 pm	Exhibitor Setup
1:00 – 3:45 pm	TRAUMA PRE-CONFERENCE WORKSHOPS
1:00 – 2:00 pm	1. Growing Pains: Shifts and Surprises in Pediatric Trauma <i>Tiffany Taylor MSN, MBA, RN</i>
2:00 – 2:30 pm	2. Optimizing VTE Prophylaxis in Pediatric Trauma: Evidence, Guidelines, and Gaps <i>Mary Maginas MSN, BSN, CPNP-PC, TCRN</i>
2:30 – 2:45 pm	Break
2:45 – 3:45 pm	3. Trauma Case Studies <i>Dana Noffsinger RN, MS, CPNP-AC/PC and Jennifer Weiner, DNP, APRN-CNP, CPNP-AC/PC, EBP-C</i>
3:45 – 5:15 pm	SKILLS STATIONS <ul style="list-style-type: none">• Care of the Trauma Patient: Chest Tube Management (30 mins) – <i>Glenna Hare MSN, RN, CPNP, WCC</i>• Trauma Skills: Cervical Collar, Pelvic Binder and Tourniquet Use (15 mins) – <i>Mary Maginas MSN, BSN, CPNP-PC, TCRN</i>• Hands on Healing: Practical Skills for Trauma, Wound & Burn Management (15 mins) – <i>Julie Berninger, RN, CPNP, WCC & Jennifer Seigel RN, CPNP, CWCN</i>• Trauma Assessment: The Importance of a Tertiary Exam (30 mins) – <i>Elizabeth Hartbeck RN, CPNP, WCC</i>
5:30 pm	Welcome from APSNA Leadership
5:30 – 7:00 pm	Exhibits Open
5:30 – 7:00 pm	Welcome Reception
Wednesday – 6.75 contact hours	

SCHEDULE | DAY 1 | Thursday, April 23

6:45 – 7:30 am	Registration Open Breakfast – provided Exhibits open
7:30 – 7:45	Welcome & Announcements – <i>Jennifer Berkbigler, APSNA Director of Program & Mary Ellen Sheridan, APSNA President</i>
7:45 – 8:00 am	Introductions – <i>pass the mic to the audience for introductions</i>
8:00 – 9:15 am	8. The Power of People: Fueling Culture from Within <i>Cathleen Opperman DNP, RN, NPD-BC, EBP-CH, NEA-BC, CPN</i>
9:15 – 10:15 am	9. Surgical Complications & Sepsis in Pediatric Surgical Patients <i>Colin Martin, MD</i>

10:15 – 11:00 am	Networking Break – Visit Exhibits
11 am – 12:00 pm	10. Rehabilitation in the Acute Trauma Patient <i>Amy Hiller DO</i>
12:00 – 1:15 pm	APSNA Awards Luncheon – provided Florence Nightingale Tribute
1:15 – 2:15 pm	EXHIBITS & POSTER VIEWING SESSION Posters will be on display in exhibit area List of posters that will be on display (titles and primary authors) Learners will circulate posters and evaluate a majority of those on display to receive 1 CH Creating Education for Nurses to Improve Care of Patients and Families Undergoing NAT Evaluation Utilizing Trauma Informed Care Principles – <i>Mary Kay Hasenkamp BSN, RN, Heather Cassill, Courtney Kren and Michelle Roark</i>
	Implementing a Multimodal Pain Management Best Practice Alert for Pediatric Orthopedic Injury Patients in an Adolescent Medical Surgical Unit – <i>Cassie Crabtree DNP, RN, CPNP-PC, Katheryne Amba, and Katherine Newnam</i>
	Improving Confidence in Escalation of Care Through Reflective Rapid Response Reviews on a Pediatric Surgical/Trauma Unit – <i>Alana Umbrecht, BSN, RN, CPN and Jacquelyn Scarberry RN</i>
	Type of Maintenance IVF in Pediatric General Surgery Patients – <i>Marketa Rejtar, DNP, APRN, CPNP-AC/PC, Kathryn Bell NP, Megan Gilday NP, Nicole Lesanto NP, Kara Migausky NP, Pamela Morrison NP, Maureen Pimentel PNP, Megan Rabe MSN-RN, CPNP, Victoria Scott NP, and Abigail Sutcliffe NP</i>
	Utility of Preoperative Magnetic Resonance Venography (MRV) in Pediatric Patients Undergoing Central Venous Access – <i>Julie McKee, CPNP</i>
2:15 – 3:00 pm	11. Power of Networking: It Takes a Village – Build Yours! <i>Robyn Huey Lao, DNP, CPNP-AC</i>
3:00 – 3:45 pm	12. A Day in the Life of a Pediatric Surgical Nurse Practitioner: Integrating Clinical Expertise and Surgical Skill as a First Assistant <i>Khadijah Walker MSN, RN, FNP-BC, RNFA</i>
3:45 – 4:00 pm	Networking Break – Last break with Exhibitors
4:00 – 5:00 pm	13. Catastrophic Until Proven Otherwise: Surgical Emergencies in the NICU <i>Kristen Clark RN, MSN, NNP-BC and Alissa MacDonald DNP, NNP-BC</i>
5:00 pm	Exhibits Close
5:00 – 6:00 pm	SIG Meetings
6:00 pm	Evening on Your Own
Thursday – 6.75 contact hours	

SCHEDULE | DAY 2 | Friday, April 24

AM	Breakfast on Your Own
8:00 – 9:00 am	14. Gallbladder Disease <i>Justin T Huntington, MD, MS and Carolyn Davis APRN-CNP</i>
9:00 – 9:45 am	15. Beyond Laxatives: Surgical and Multidisciplinary Approaches to Pediatric Constipation <i>Elke Zani-Ruttenstock, MD, CPCC and Carrie Wilson, MSN, RN, CPNP-PC, CPNP-AC, WCC</i>
9:45 – 10:45 am	16. Congenital Colorectal Transitional Care <i>Alessandra Gasior DO, FACS, FASCRS</i>
10:45 – 11:00 am	Networking Break

11:00 am – 12:00 pm **17. Navigating the Ethical Challenges in Pediatric Surgery**
Kathryn Rowland MD, MPHS

12:00 – 12:45 pm **18. Protecting our Future with ERAS - Pediatric Opioid Reduction**
Elizabeth (Betsy) Diep MSN, RN

12:45 – 1:30 pm **19. What do I do with THAT? Wound & GT Care**
Danielle Buker RN, BSN, CWOON

1:30 – 1:45 pm **Closing Remarks – Mary Ellen Sheridan, APSNA President**

1:45 pm **Lunch – provided**
Grab lunch to go before heading out for sightseeing in St. Louis or head to lunch area to mingle with colleagues

Friday – 5.25 contact hours