



APSNA 35<sup>th</sup> Annual

# Scientific Conference

35 Years Strong: Advancing Care, Inspiring Futures

INTENSIVE WORKSHOP &  
WELCOME: APRIL 22, 2026

Day 1: April 23, 2026  
Day 2: April 24, 2026

Marriott St. Louis Grand | St. Louis, MO  
More Information: [www.apsna.org](http://www.apsna.org)



## PRE-CONFERENCE | Wednesday, April 22 2026

8:00 am	<b>Registration Opens</b>
9:00 am – 12:00 pm	<b>CLINICAL PATHWAYS BOOTCAMP</b> <i>Dana Noffsinger RN, MS, CPNP-AC/PC and Jennifer Weiner, DNP, APRN-CNP, CPNP-AC/PC, EBP-C</i>
9 – 10:15 am	Session 1
10:15 – 10:30 am	Break
10:30 am – 12pm	Session 2
12 – 1:00 pm	<b>Luncheon – provided</b>
1:00 – 5:00 pm	<b>Exhibitor Setup</b>
1:00 – 3:45 pm	<b>TRAUMA PRE-CONFERENCE WORKSHOPS</b>
1:00 – 2:00 pm	<b>1. Growing Pains: Shifts and Surprises in Pediatric Trauma</b> <i>Tiffany Taylor MSN, MBA, RN</i>
2:00 – 2:30 pm	<b>2. Optimizing VTE Prophylaxis in Pediatric Trauma: Evidence, Guidelines, and Gaps</b> <i>Mary Maginas MSN, BSN, CPNP-PC, TCRN</i>
2:30 – 2:45 pm	Break
2:45 – 3:45 pm	<b>3. Trauma Case Studies</b> <i>Dana Noffsinger RN, MS, CPNP-AC/PC and Jennifer Weiner, DNP, APRN-CNP, CPNP-AC/PC, EBP-C</i>
3:45 – 5:15 pm	<b>SKILLS STATIONS</b> <ul style="list-style-type: none"><li>• Care of the Trauma Patient: Chest Tube Management (30 mins) – <i>Glenna Hare MSN, RN, CPNP, WCC</i></li><li>• Trauma Skills: Cervical Collar, Pelvic Binder and Tourniquet Use (15 mins) – <i>Mary Maginas MSN, BSN, CPNP-PC, TCRN</i></li><li>• Hands on Healing: Practical Skills for Trauma, Wound &amp; Burn Management (15 mins) – <i>Julie Berninger, RN, CPNP, WCC &amp; Jennifer Seigel RN, CPNP, CWCN</i></li><li>• Trauma Assessment: The Importance of a Tertiary Exam (30 mins) – <i>Elizabeth Hartbeck RN, CPNP, WCC</i></li></ul>
5:30 pm	<b>Welcome from APSNA Leadership</b>
5:30 – 7:00 pm	<b>Exhibits Open</b>
5:30 – 7:00 pm	<b>Welcome Reception</b>
Wednesday – 6.75 contact hours	

## SCHEDULE | DAY 1 | Thursday, April 23

6:45 – 7:30 am	<b>Registration Open</b> <b>Breakfast – provided</b> <b>Exhibits open</b>
7:30 – 7:45	<b>Welcome &amp; Announcements</b> – <i>Jennifer Berkbigler, APSNA Director of Program &amp; Mary Ellen Sheridan, APSNA President</i>
7:45 – 8:00 am	<b>Introductions</b> – <i>pass the mic to the audience for introductions</i>
8:00 – 9:15 am	<b>8. The Power of People: Fueling Culture from Within</b> <i>Cathleen Opperman DNP, RN, NPD-BC, EBP-CH, NEA-BC, CPN</i>
9:15 – 10:15 am	<b>9. Surgical Complications &amp; Sepsis in Pediatric Surgical Patients</b> <i>Colin Martin, MD</i>

10:15 – 11:00 am	<b>Networking Break – Visit Exhibits</b>
11 am – 12:00 pm	<b>10. Rehabilitation in the Acute Trauma Patient</b> <i>Amy Hiller DO</i>
12:00 – 1:15 pm	<b>APSNA Awards Luncheon – provided</b> Florence Nightingale Tribute
1:15 – 2:15 pm	<b>EXHIBITS &amp; POSTER VIEWING SESSION</b> Creating Education for Nurses to Improve Care of Patients and Families Undergoing NAT Evaluation Utilizing Trauma Informed Care Principles – <i>Mary Kay Hasenkamp BSN, RN, Heather Cassill, Courtney Kren and Michelle Roark</i>
	Implementing a Multimodal Pain Management Best Practice Alert for Pediatric Orthopedic Injury Patients in an Adolescent Medical Surgical Unit – <i>Cassie Crabtree DNP, RN, CPNP-PC, Katheryne Amba, and Katherine Newnam</i>
	Improving Confidence in Escalation of Care Through Reflective Rapid Response Reviews on a Pediatric Surgical/Trauma Unit – <i>Alana Umbrecht, BSN, RN, CPN and Jacquelyn Scarberry RN</i>
	Type of Maintenance IVF in Pediatric General Surgery Patients – <i>Marketa Rejtar, DNP, APRN, CPNP-AC/PC, Kathryn Bell NP, Megan Gilday NP, Nicole Lesanto NP, Kara Migausky NP, Pamela Morrison NP, Maureen Pimentel PNP, Megan Rabe MSN-RN, CPNP, Victoria Scott NP, and Abigail Sutcliffe NP</i>
	Utility of Preoperative Magnetic Resonance Venography (MRV) in Pediatric Patients Undergoing Central Venous Access – <i>Julie McKee, CPNP</i>
2:15 – 3:00 pm	<b>11. Power of Networking: It Takes a Village – Build Yours!</b> <i>Robyn Huey Lao, DNP, CPNP-AC</i>
3:00 – 3:45 pm	<b>12. A Day in the Life of a Pediatric Surgical Nurse Practitioner: Integrating Clinical Expertise and Surgical Skill as a First Assistant</b> <i>Khadijah Walker MSN, RN, FNP-BC, RNFA</i>
3:45 – 4:00 pm	<b>Networking Break – Last break with Exhibitors</b>
4:00 – 5:00 pm	<b>13. Catastrophic Until Proven Otherwise: Surgical Emergencies in the NICU</b> <i>Kristen Clark RN, MSN, NNP-BC and Alissa MacDonald DNP, NNP-BC</i>
5:00 pm	Exhibits Close
5:00 – 6:00 pm	<b>SIG Meetings</b>
6:00 pm	Evening on Your Own
Thursday – 6.75 contact hours	

## SCHEDULE | DAY 2 | Friday, April 24

AM	Breakfast on Your Own
8:00 – 9:00 am	<b>14. Gallbladder Disease</b> <i>Justin T Huntington, MD, MS and Carolyn Davis APRN-CNP</i>
9:00 – 9:45 am	<b>15. Beyond Laxatives: Surgical and Multidisciplinary Approaches to Pediatric Constipation</b> <i>Elke Zani-Ruttenstock, MD, CPCC and Carrie Wilson, MSN, RN, CPNP-PC, CPNP-AC, WCC</i>
9:45 – 10:45 am	<b>16. Congenital Colorectal Transitional Care</b> <i>Alessandra Gasior DO, FACS, FASCRS</i>
10:45 – 11:00 am	Networking Break
11:00 am – 12:00 pm	<b>17. Navigating the Ethical Challenges in Pediatric Surgery</b> <i>Kathryn Rowland MD, MPH</i>
12:00 – 12:45 pm	<b>18. Protecting our Future with ERAS - Pediatric Opioid Reduction</b>

*Elizabeth (Betsy) Diep MSN, RN*  
12:45 – 1:30 pm      **19. What do I do with THAT? Wound & GT Care**  
                            *Danielle Buker RN, BSN, CWOCN*  
1:30 – 1:45 pm      **Closing Remarks – Mary Ellen Sheridan, APSNA President**  
1:45 pm              **Lunch – provided**  
                            Grab lunch to go before heading out for sightseeing in St. Louis or head to lunch area to mingle with colleagues  
Friday – 5.25 contact hours